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| https://donations.diabetes.org/images/friendraiser_uploads/13288.1346741147.custom.jpg**Chris Glockler****learn about our team or join**www.upstatepeloton.com/tdc | **Ask me about the** **Tour de Cure** **100km bicycling fundraiser on 6/11/2022 to benefit Diabetes research**

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| **Please make a donation****Scan QR code with your camera** |
|  | **🡪** |  |
| www.upstatepeloton.com/TDC/?donate |

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For over 30 years, Tour de Cure has made an impact on the lives of the 34 million Americans living with Diabetes and their families. By making a donation or joining our team, you will be helping the Association provide community-based education programs, protect the rights of people with diabetes and fund critical research for a cure.This year’s Upstate NY Tour de Cure will be held in Rochester, but members of the Upstate Peloton Cycling Club will be participating virtually in their hometowns on their favorite roads and/or paths.www.diabetes.org/upstatetour |

Notes/Suggestions:

* QR code generator: <https://www.qrcode-monkey.com/#url>
	+ Be sure to spell out URLs underneath updated QR codes
* Colored Border is supposedly for 8x10 frame (which is cheaper than 8.5x11)
	+ Red border is fine for 8.5x11 frame since that’s the official color of ADA
* Update barcode URLs to point directly to your page (create a vanity URL in your profile)
	+ See: <http://www.upstatepeloton.com/TDC/?personalpage>
* Change personal photo / name to you
	+ Use the same photo above as on your TdC personal page
	+ Use a custom last name with store name if fundraising in a retail environment for an individual team
* Add #adacustomfhrbox to the end of the full team URL (not the vanity URL) to jump to the team members/donate section
* Use Photo paper and “best photo” (or whatever your printer driver calls it)
* Save paper, only print the first page